Drugs, Alcohol, & Mental Health Task Force Report

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Drugs, Alcohol, and Mental Health Task Force

January 2018
Task Force established

Charged with:
- Identifying the most critical drug, alcohol, and mental health issues in the SUS
- Developing System-wide recommendations to address critical issues

August 2019
Review final report
Overview of Student Impact

**Alcohol**
62% of SUS students reported using alcohol in the last 30 days

**Drugs**
SUS student use of drugs are relatively low with the exception of marijuana (18%)

**Mental Health**
25% of SUS students experience anxiety

Consequences are serious & adversely impact student success

Sources: SUS data as presented by Dr. Dougher at the March 27, 2018, meeting; American College Health Association National College Health Assessment, 2017 Reference Group Executive Summary
Students with Pre-Existing Conditions

Types of pre-existing conditions among incoming students:
- Substance use & misuse issues
- Mental health issues
- Taken medication

On the rise across the SUS
Critical Issues

Academic Performance
- Substance use/misuse & mental health issues interfere with academic success

Comprehensive Approach
- Preventing misuse & crises
- Diagnosing early
- Treating ongoing issues

Coordinating Care
- Care & case managers help coordinate care with campus and community health providers
Framework for Solutions

Focus: Student wellness

Levels:
- Campus
- Community
- System / State

Status:
- Achieved
- In Progress
- Future
Solutions Achieved

Campus

- Healthy Campus 2020*
- Healthy Lifestyle Programs*
- Freshman Needs Assessment*
- Institutional Amnesty Policies

System / State

- Medical Amnesty Legislation

*Denotes goal from the Dashboard
Next Steps: Campus Solutions

- Mental health literacy for faculty/staff
  Fall 2019

- National Collegiate Health Assessment
  Spring 2020*

- Rebrand student experience towards wellness
  Fall 2020*

- Peer education programs
  Fall 2019*

- Policies & practice
  Spring 2020*

- Student life skills courses
  Fall 2021*

- Prevention & early intervention
  Fall 2019*

- Focus services on mental health wellness
  Fall 2020*

- Student health insurance
  TBD

*Denotes item from the Dashboard

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Next Steps: Community Solutions

- Community
- Resources
- Partnerships
- Telehealth
Next Steps: Continuous Improvement

System / State

- Assess progress & impact (dashboard & metrics)
- Biannual student wellness summit