

**STATE UNIVERSITY SYSTEM OF FLORIDA  
BOARD OF GOVERNORS  
Academic and Student Affairs Committee  
January 27, 2021**

**SUBJECT:** Student Wellness Metrics

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**PROPOSED COMMITTEE ACTION**

For information

**AUTHORITY FOR BOARD OF GOVERNORS ACTION**

Article IX, Section 7, Florida Constitution

**BACKGROUND INFORMATION**

On January 25, 2018, the Board of Governors established the Drugs, Alcohol, and Mental Health Task Force, to review the most critical issues associated with drugs, alcohol, and mental health facing students in the State University System (SUS). The Task Force was charged with identifying best practices to inform the development of System-wide recommendations for effectively addressing the most critical issues and determining resources required to implement System-wide goals and solutions.

In August 2019, the Board of Governors approved the Drugs, Alcohol, and Mental Health Task Force Final Report. As part of the next steps in the final report, the Council for Student Affairs (CSA) committed to assessing drug and alcohol use and mental health issues among students and evaluating the impact of the System initiatives related to drug and alcohol use and mental health issues over time. To accomplish this, the CSA identified specific questions from the American College Health Association's National College Health Assessment. The CSA recommended using the following metrics, which would be available for all SUS institutions every two years beginning in 2020.

- Frequency of use of alcohol, marijuana, and other drugs in the past three months.
- Most common mental health issues (e.g., anxiety, depression, addiction).
- Treatment of mental health issues in the past 12 months.
- Impact of alcohol use, drug use, and mental health issues on academic performance in the past 12 months.

Dr. Christy England, Vice Chancellor for Academic and Student Affairs, will present the System-wide data on the student wellness metrics that was collected through the American College Health Association's National College Health Assessment administered in spring 2020.

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<b>Supporting Documentation Included:</b>	None
<b>Facilitators/Presenters:</b>	Dr. Christy England