

# Kognito Update

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## Drugs, Alcohol, and Mental Health Task Force



January 2018

Task Force established

### Charged with:



Identifying the most critical drug, alcohol, & mental health issues in the SUS



Developing System-wide recommendations to address critical issues

August 2019

Final report approved

## Task Force Recommendations



### **Dashboard Project**

Provides the framework for System-wide initiatives (10 total) focused on:

- student wellness
- drug & alcohol use
- · mental health

#### **Other Recommendations**

#### **Summit**

System Student Wellness Summit (every 2 years)

### Kognito

Implement a mental health literacy program to train faculty & staff on awareness of mental health & suicide prevention

### College riealth Survey

Use key metrics in National College Health Assessment to evaluate initiatives (every 2 years)

# Kognito





Evidenced-based interactive role-play simulation



Builds awareness, knowledge, & skills about mental health



Identifies steps for referring student to mental health services



Supports improved academic performance, student retention, & safety

# Kognito – SUS Training as of 1/31/21



% of Faculty & Staff FT & PT who Completed Kognito

More than
70,100
faculty & staff
trained in the
System

FAMU	89%
FAU	91%
FGCU	72%
FIU	88%
FL Poly	82%
FSU	99%
New College	77%
UCF	98%
UF	96%
UNF	78%
USF	90%
UWF	93%



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