



# **Student Wellness Dashboard Project Update**

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**[www.flbog.edu](http://www.flbog.edu)**

# Drugs, Alcohol, and Mental Health Task Force



January 2018

Task Force  
established



Charged with:



Identifying the most critical  
drug, alcohol, & mental health  
issues in the SUS



Developing System-wide  
recommendations to address  
critical issues



August 2019

Final report  
approved



## Academic Performance

- Substance use/misuse & mental health issues interfere with academic success

## Comprehensive Approach

- Preventing misuse & crises
- Diagnosing early
- Treating ongoing issues

## Coordinating Care

- Care & case managers help coordinate care with campus and community health providers



## Dashboard Project

Provides the framework for System-wide initiatives (**10 total**) focused on:

- **student wellness**
- **drug & alcohol use**
- **mental health**

## Other Recommendations

### **Kognito**

Train current faculty & staff on awareness of mental health & suicide prevention by January 2021

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### **College Health Survey**

Use key metrics in National College Health Assessment to evaluate initiatives (every 2 years)


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### **Summit**

System Student Wellness Summit (every 2 years)

# Dashboard Project – Student Wellness



Metric	Implementation Date	# of Institutions Implementing
Implement the American College Health Association's National College Assessment	Spring 2020	10 of 12
 Implement Health Campus 2020	Fall 2018	12 of 12

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# Dashboard Project – Drugs & Alcohol



Metric	Implementation Date	# of Institutions Implementing
Rebrand the collegiate student experience around healthy & reasonable choices	Fall 2020	11 of 12
✓ Align policies with practice to support the desired student/campus culture	Spring 2020	12 of 12
✓ Implement best practices focused on prevention & early intervention	Fall 2019	12 of 12
✓ Support students with non-drinking/non-drug using lifestyle	Fall 2018	12 of 12

# Dashboard Project – Mental Health



Metric	Implementation Date	# of Institutions Implementing
Provide Student Life Skills (SLS)/Wellness Courses, which will have a mental health/well-being component	Fall 2021	11 of 12
 Create or reorient campus services focused on proactive & responsive mental health well-being	Fall 2020	12 of 12
Implement peer education programs	Fall 2019	11 of 12
 Administer a comprehensive needs assessment for incoming freshman students	Fall 2018	12 of 12



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