



Student Wellness Dashboard Project Update

**Dr. Mitch Cordova, Chair of the Council for Student Affairs
November 4, 2021**

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Drugs, Alcohol, and Mental Health Task Force



January 2018

**Task Force
established**



Charged with:



Identifying the most critical drug, alcohol, & mental health issues in the SUS



Developing System-wide recommendations to address critical issues

August 2019

**Final report
approved**





Academic Performance

- Substance use/misuse & mental health issues interfere with academic success

Comprehensive Approach

- Preventing misuse & crises
- Diagnosing early
- Treating ongoing issues

Coordinating Care

- Care & case managers help coordinate care with campus and community health providers

Task Force Recommendations



Dashboard Project

Provides the framework for System-wide initiatives (**10 total**) focused on:

- **student wellness**
- **drug & alcohol use**
- **mental health**



Other Recommendations

Kognito: Train current faculty & staff on awareness of mental health & suicide prevention by January 2021

College Health Survey: Use key metrics in National College Health Assessment to evaluate initiatives (every 2 years)

Summit: System Student Wellness Summit (every 2 years)

Dashboard Project – Student Wellness



Metric	Implementation Date	# of Institutions Implementing
✓ Implement the American College Health Association's National College Assessment	Spring 2020	12 of 12
✓ Implement Healthy Campus	Fall 2018	12 of 12

Dashboard Project – Drugs & Alcohol



Metric	Implementation Date	# of Institutions Implementing
✓ Rebrand the collegiate student experience around healthy & reasonable choices	Fall 2020	12 of 12
✓ Align policies with practice to support the desired student/campus culture	Spring 2020	12 of 12
✓ Implement best practices focused on prevention & early intervention	Fall 2019	12 of 12
✓ Support students with non-drinking/non-drug using lifestyle	Fall 2018	12 of 12

Dashboard Project – Mental Health



Metric	Implementation Date	# of Institutions Implementing
✓ Provide Student Life Skills (SLS)/Wellness Courses, which will have a mental health/well-being component	Fall 2021	12 of 12
✓ Create or reorient campus services focused on proactive & responsive mental health well-being	Fall 2020	12 of 12
✓ Implement peer education programs	Fall 2019	12 of 12
✓ Administer a comprehensive needs assessment for incoming freshman students	Fall 2018	12 of 12

Other Recommendations



Recommendation

Implementation Date

of Institutions Implementing



Kognito

May 2021

12 of 12



College Health Survey: Wellness Metrics

Coming:
November 2022

12 of 12



Student Wellness Summit

Coming:
June 27, 2022

12 of 12



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