

### Student Wellness Dashboard Project Update

Dr. Mitch Cordova, Chair of the Council for Student Affairs
November 4, 2021

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### Drugs, Alcohol, and Mental Health Task Force

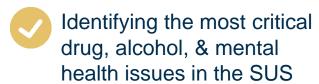


#### January 2018

Task Force established



#### **Charged with:**





#### August 2019

Final report approved



#### **SUS Critical Issues**



### Academic Performance

 Substance use/misuse & mental health issues interfere with academic success

## Comprehensive Approach

- Preventing misuse & crises
- Diagnosing early
- Treating ongoing issues

### Coordinating Care

 Care & case managers help coordinate care with campus and community health providers

#### Task Force Recommendations





# Dashboard Project

Provides the framework for System-wide initiatives (10 total) focused on:

- student wellness
- drug & alcohol use
- mental health



## Other Recommendations

**Kognito:** Train current faculty & staff on awareness of mental health & suicide prevention by January 2021

College Health Survey: Use key metrics in National College Health Assessment to evaluate initiatives (every 2 years)

**Summit:** System Student Wellness Summit (every 2 years)

### Dashboard Project – Student Wellness



#### Metric

Implementation Date

# of Institutions Implementing

Implement the American College Health
Association's National College Assessment

Spring 2020

12 of 12

Implement Healthy Campus

Fall 2018

12 of 12

### Dashboard Project – Drugs & Alcohol



Metric	Implementation Date	# of Institutions Implementing
Rebrand the collegiate student experience around healthy & reasonable choices	Fall 2020	12 of 12
Align policies with practice to support the desired student/campus culture	Spring 2020	12 of 12
Implement best practices focused on prevention & early intervention	Fall 2019	12 of 12
Support students with non- drinking/non-drug using lifestyle	Fall 2018	12 of 12

### Dashboard Project - Mental Health



Metric	Implementation Date	# of Institutions Implementing
Provide Student Life Skills (SLS)/Wellness Courses, which will have a mental health/well-being component	Fall 2021	12 of 12
Create or reorient campus services focused on proactive & responsive mental health well-being	Fall 2020	12 of 12
Implement peer education programs	Fall 2019	12 of 12
Administer a comprehensive needs assessment for incoming freshman students	Fall 2018	<b>12 of 12</b>

### Other Recommendations



Recommendation	Implementation Date	# of Institutions Implementing
Kognito	May 2021	12 of 12
College Health Survey: Wellness Metrics	Coming: November 2022	12 of 12
Student Wellness Summit	Coming: June 27, 2022	12 of 12



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