



# BOARD *of* GOVERNORS

## State University System of Florida

### Dashboard Project Update

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# Student Wellness Dashboard

	<u>Implementation Date</u>	<u>FAMU</u>	<u>FAU</u>	<u>FGCU</u>	<u>FIU</u>	<u>FPU</u>	<u>FSU</u>	<u>NCF</u>	<u>UCF</u>	<u>UF</u>	<u>UNF</u>	<u>USF</u>	<u>UWF</u>
Student Wellness:													
Goal 1: System Wide Adoption and Use of the American College Health Association's National College Health Assessment	Spring 2020	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Goal 2: Implement Healthy Campus 2020 on all university campuses	Fall 2018	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



# Drugs and Alcohol Dashboard

	<u>Implementation Date</u>	<u>FAMU</u>	<u>FAU</u>	<u>FGCU</u>	<u>FIU</u>	<u>FPU</u>	<u>FSU</u>	<u>NCF</u>	<u>UCF</u>	<u>UF</u>	<u>UNF</u>	<u>USF</u>	<u>UWF</u>
Drugs & Alcohol:													
Goal 1: Rebrand the collegiate student experience around healthy and responsible choices related to alcohol and other drugs to support lifelong health and well-being	Fall 2019	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Goal 2: Align policies with practice to support the desired student/campus culture	Spring 2020												
Goal 3: Implement best practices focused on prevention and early intervention	Fall 2019	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Goal 4: Support students with non-drinking/non-drug using lifestyle	Fall 2018	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



# Mental Health Dashboard

	Implementation Date	FAMU	FAU	FGCU	FIU	FPU	FSU	NCF	UCF	UF	UNE	USE	UWF
Goal 1: Implement peer counseling programs which require training prior to becoming a peer counselor	Fall 2019												
Goal 2: Provide Student Life Skills (SLS)/Wellness Courses which will have a mental health/well-being component	Fall 2021												
Goal 3: Create or re-orient campus services focused on proactive and responsive mental health well-being	Fall 2019												
Goal 4: Comprehensive needs assessment for incoming freshman students	Fall 2018	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Goal 5: Implement hard waiver insurance program with a mental health component	Fall 2020												



# System-Wide Metrics Update

**The SUS CSA affirmed using the following as sources for system-wide student wellness initiative metrics:**

- American College Health Association's (ACHA) National College Health Assessment

Implementation Date – Spring 2020

- Kognito (mental health literacy program)

Implementation Date – Fall 2019



## Drugs, Alcohol, & Mental Health Metrics

- Frequency of use of alcohol, marijuana & other drugs in the past three months
- Most common mental health issues (e.g., anxiety, depression, addiction)
- Treatment of mental health issues in the past 12 months
- Impact of alcohol use, drug use, & mental health issues on academic performance in the past 12 months
- Faculty/staff-based literacy metrics from Kognito (TBD)

\*Benchmark questions from the American College Health Association's (ACHA) National College Health Assessment



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