



# BOARD *of* GOVERNORS

## State University System of Florida

### Student Wellness Initiatives Update

Dr. Corey A. King  
Vice President for Student Affairs and Enrollment Management  
Florida Atlantic University

November 8, 2018

[www.flbog.edu](http://www.flbog.edu)



# Student Wellness Dashboard

	<u>FAMU</u>	<u>FAU</u>	<u>FGCU</u>	<u>FIU</u>	<u>FPU</u>	<u>FSU</u>	<u>NCE</u>	<u>UCF</u>	<u>UF</u>	<u>UNF</u>	<u>USF</u>	<u>UWF</u>
Student Wellness:												
Goal 1: System Wide Adoption and Use of the American College Health Association's National College Health Assessment	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Goal 2: Implement Healthy Campus 2020 on all university campuses	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



# Drugs & Alcohol Dashboard

	<u>FAMU</u>	<u>FAU</u>	<u>FGCU</u>	<u>FIU</u>	<u>FPU</u>	<u>FSU</u>	<u>NCF</u>	<u>UCF</u>	<u>UF</u>	<u>UNF</u>	<u>USF</u>	<u>UWF</u>
Drugs & Alcohol:												
Goal 1: Rebrand the collegiate student experience around healthy and responsible choices related to alcohol and other drugs to support lifelong health and well-being												
Goal 2: Align policies with practice to support the desired student/campus culture												
Goal 3: Implement best practices focused on prevention and early intervention												
Goal 4: Support students with non-drinking/non-drug using lifestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



# Mental Health Dashboard

	<u>FAMU</u>	<u>FAU</u>	<u>FGCU</u>	<u>FIU</u>	<u>FPU</u>	<u>FSU</u>	<u>NCF</u>	<u>UCF</u>	<u>UF</u>	<u>UNF</u>	<u>USE</u>	<u>UWF</u>
Mental Health:												
Goal 1: Embed health in campus mission statements, policies, and procedures												
Goal 2: Generate thriving communities and a culture of well-being												
Goal 3: Create or re-orient campus services focused on proactive and responsive mental health well-being												
Goal 4: Comprehensive needs assessment for incoming freshman students	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



# Student Wellness Initiatives Update

## **American College Health Association's (ACHA) National College Health Assessment**

- System wide administration of the ACHA's National Health Assessment will begin in the Spring 2019
- Will be administered on an annual basis

## **Healthy Campus 2020**

- All SUS institutions have a Healthy Campus 2020 initiative in place or are in the process of implementing one within the next six (6) months.



## Student Wellness Initiatives Update (cont.)

### **Comprehensive needs assessment for incoming freshmen students**

- All SUS institutions have implemented various needs assessment software's including, Campus Clarity, Get Inclusive, My Student Body, and Alcohol EDU.

### **Support students with non-drinking/non-drug using lifestyle**

- All SUS institutions through our respective health promotion offices have implemented lifestyle programs focused on nutritious eating, physical activity and restful sleep.



# SUS Council of Student Affairs Deliverables

1. All SUS institutions have implemented policies, procedures, or protocols related to amnesty.
2. The SUS Council of Student Affairs is currently exploring the use of Kognito software as a system wide on-line mental health literacy program for faculty, staff, and students.
3. The SUS Council of Student Affairs is currently reviewing hard waiver insurance implementation at Florida State University and Florida Agriculture & Mechanical University.



# System Wide Metrics Update

**The SUS CSA is exploring two tools to utilize as system wide student wellness initiative metrics:**

- American College Health Association's (ACHA) National College Health Assessment
- Kognito (mental health literacy program)





# BOARD *of* GOVERNORS

## State University System of Florida

*[www.flbog.edu](http://www.flbog.edu)*