

Drugs, Alcohol and Mental Health Framework

DRAFT: June 27, 2018

Student Wellness Goals

<u>Goal 1</u>: System wide adoption and use of the American College Health Association's (ACHA) National College Health Assessment (NCHA).

Goal 2: Implement Healthy Campus 2020 on all university campuses.

Drugs and Alcohol Goals

<u>Goal 1</u>: Rebrand the collegiate student experience around healthy and responsible choices related to alcohol and other drugs to support lifelong health and well-being.

Goal 2: Align policies with practice to support the desired student/campus culture.

Goal 3: Implement best practices focused on prevention and early intervention.

<u>Goal 4</u>: Support students with non-drinking/non-drug using lifestyle.

Student Mental Health Goals

Goal 1: Embed health in campus mission statements, policies, and procedures.

Goal 2: Generate thriving communities and a culture of well-being.

<u>Goal 3</u>: Create or re-orient campus services focused on proactive and responsive mental health well-being.

<u>Goal 4</u>: Comprehensive needs assessment for incoming freshmen students.