

# Support Services for Online Students at the University of Florida

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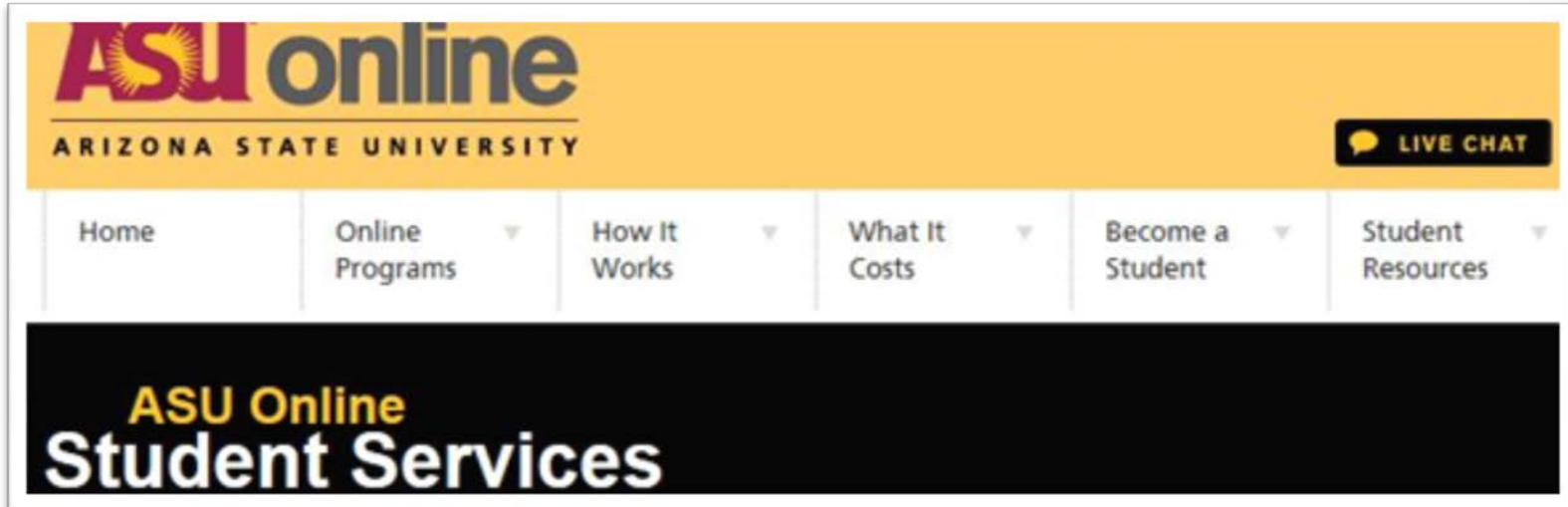
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# Best Practices of Support Services for Online Students



# Jobs and Career Preparation

## Online Opportunities with the Career Resource Center include:

- The Career Help fOr Major Planning program (CHOMP)
- Career Roadmaps to explore majors and careers
- Access to career planning appointments
- Certified Gator Professional workshop series to educate students on topics such as the job and internship search, resume preparation, networking, interviewing and professional development in the workplace
- Connect on social media with Career Resource Center
- Virtual mock interviews
- Gator CareerLink (online portal for all things CAREER)

### Gator CareerLink

In a matter of seconds, you can have access to internships, full-time jobs, career events, workshops, information sessions and more. Log in to Gator CareerLink today.

Schedule an appointment, Jobs,  
Internships and so much more.

**GATOR CareerLink**

Student  
Login

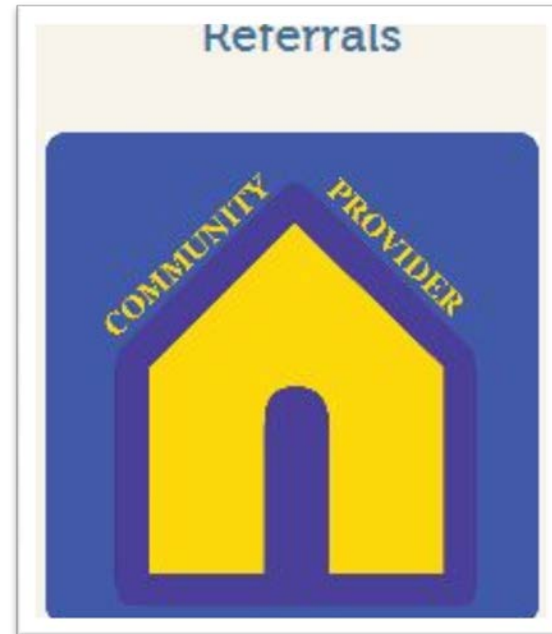
# Graduation Survey: Data About All UF Students



- Began Spring 2012; mandatory survey as of Summer 2012
- Collects plans post-graduation, including location, salary, and job or graduate school status from all graduating students
- Spring 2012 results: 60% of all UF students, both undergraduate and graduate, at graduation intended to work full or part-time jobs. 29% indicated they would continue onto graduate school.
- 55% of students stay in Florida

# Mental Health Counseling Referrals

- Counselors consult with online student via telephone, refer students to local provider
- Available 24/7
- Exploring additional options for more possibilities





# Referrals, Support, and Training for Students in Distress



Need Help Now?

ABOUT

HELPING STUDENTS

HELPING FACULTY & STAFF

RESOURCES



## HELP A FRIEND WHO IS STRUGGLING

Learn how to identify, talk to, and refer peers in this innovative online training.



**at-risk**  
for College Students

 **START NOW**

Key: ufl2323

The Counseling and Wellness Center is launching a new initiative to help support student mental health and maintain a healthy environment. This FREE program will significantly increase the number of students on campus who are trained to identify, address and motivate help-seeking by fellow students experiencing emotional distress. It is important for us to check in with each other and look out for fellow students that may be struggling academically or emotionally. If you have a friend you are concerned about, participate in this FREE, online training simulation to learn effective referral techniques and what questions to ask.

# Online Self-Help Resources for Health

**UF COUNSELING & WELLNESS CENTER**  
Division of Student Affairs

Search the CWC  Search CWC or UF

Counseling Services | Groups & Workshops | Outreach Presentation & Consultation | Self-Help Resources | Training Program | Community Provider Database

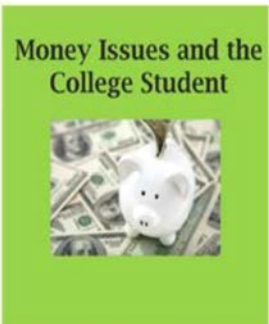
[Home](#)

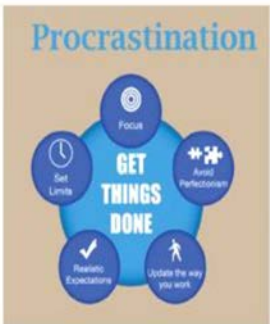
**Self-Help Resources**

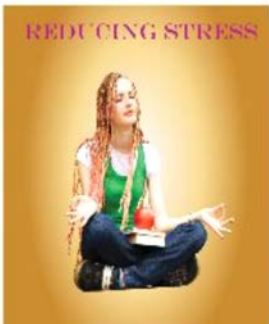
 Academic Concerns

 Anxiety

 Depression

 Money Issues and the College Student

 Procrastination

 REDUCING STRESS

**GatorWell**  
Health Promotion Services

[Home](#) / [Topic Areas](#)



[Alcohol and Other Drugs](#)

[Healthy Eating and Active Living](#)

[Body Image & Eating Concerns](#)

[Sexual Health](#)

[Sleep](#)

[Stress](#)

[Time Management](#)

[Tobacco](#)

# Support Services, Activities, and Outreach for Online Students

- Online resources for specific student populations:
  - Veterans
  - First generation students
  - Multicultural students
  - Students with disabilities
  - International students
- Academic advising via email and phone
- Conflict mediation services
- Online videos for tutoring and study skills
- Social media connections on Facebook, Twitter, LinkedIn, etc.



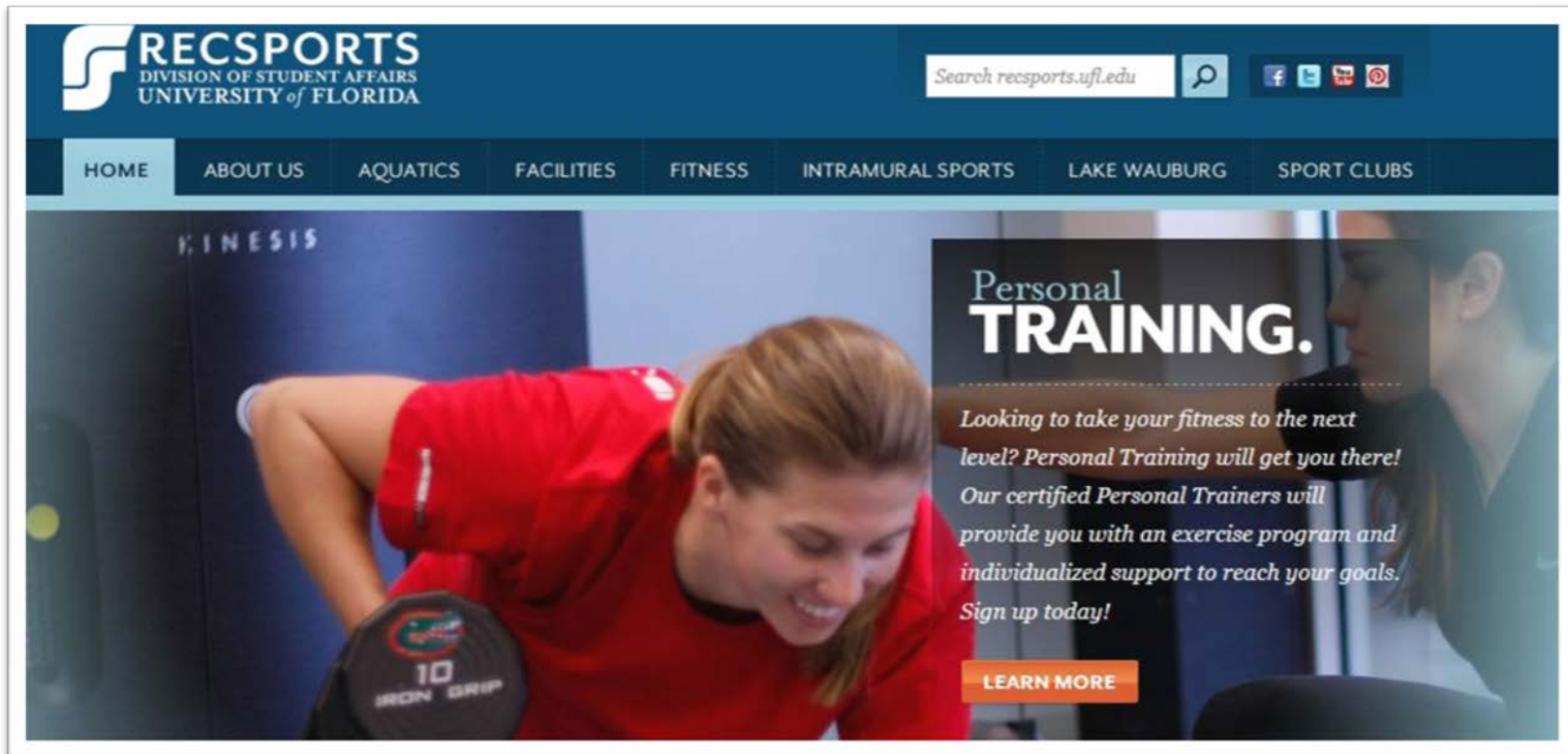


# Support Services, Activities, and Outreach for Online Students



- Training videos: Hurricane preparedness, party safety, alcohol poisoning, others from Off Campus Life
- Online family chats and other family support
- Resources and tips for successful independent living, including budgeting and safety
- More possibilities such as online Gator Club/alumni group, student organizations, and additional resources

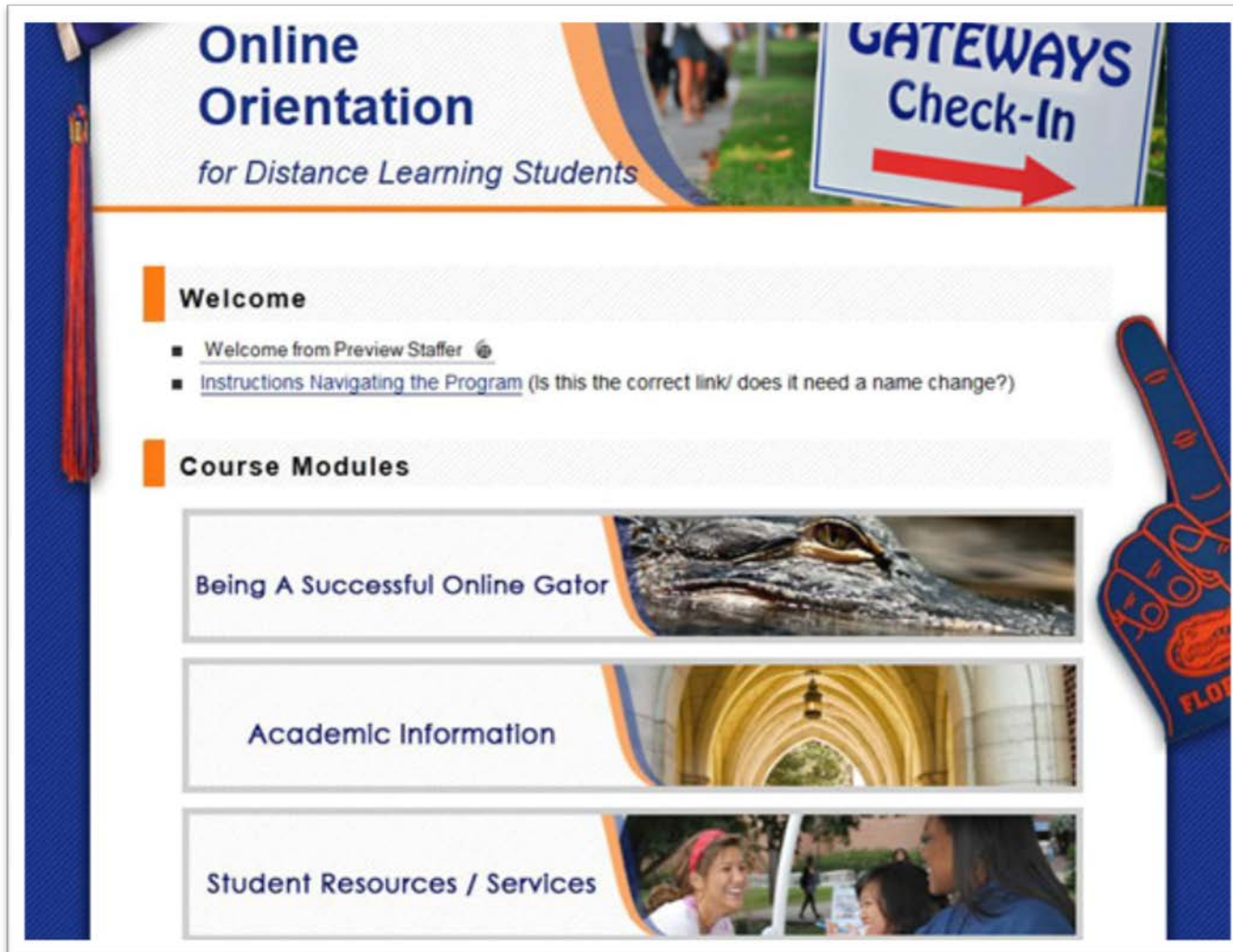
# Recreational Sports: Trainer Time



<http://www.youtube.com/watch?v=NKDoN3BOp4E>

<http://youtu.be/Fltp-xY8IPc>

# Online University Orientation Module (available June 2013)

The graphic is a vertical rectangle with a blue background. On the left side, there is a red tassel. On the right side, there is a blue foam finger with orange text that says "GO GATORS" and "FLORIDA STATE". The top section has a white background with the text "Online Orientation" in blue, followed by "for Distance Learning Students" in a smaller font. To the right of this text is a photo of a "GATEWAYS Check-In" sign with a red arrow pointing right. Below this is a "Welcome" section with two bullet points: "Welcome from Preview Staffer @" and "Instructions Navigating the Program (Is this the correct link/ does it need a name change?)". Below that is a "Course Modules" section with three items: "Being A Successful Online Gator" with a photo of a gator's head, "Academic Information" with a photo of a university archway, and "Student Resources / Services" with a photo of three students smiling.

**Online Orientation**  
*for Distance Learning Students*

**GATEWAYS Check-In**

**Welcome**

- [Welcome from Preview Staffer @](#)
- [Instructions Navigating the Program](#) (Is this the correct link/ does it need a name change?)

**Course Modules**

Being A Successful Online Gator

Academic Information

Student Resources / Services

# Online University Orientation Module (available June 2013)



# Thank you!

- Questions?
- Contact UF Vice President for Student Affairs  
Dave Kratzer: [kratzerd@ufl.edu](mailto:kratzerd@ufl.edu)