

The Pipeline To and Through Florida State University

Karen Laughlin, Ph.D.
Dean, Undergraduate Studies

**Joint Committee of the Florida Board of Governor's Student Affairs
Committee and the Governor's Access and Diversity Commission**

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Access and Diversity Programs at FSU

- **Pre-Collegiate**

- CARE
 - CROP
 - Upward Bound
- SSTRIDE

- **Collegiate**

- CARE
 - Summer Bridge Program
 - On-Going Support
 - SSSP "Extra dose of CARE"
- SSTRIDE → Workforce
- Law School → Grad School

Related Governor's Access and Diversity Initiatives

- **Pre-Collegiate**

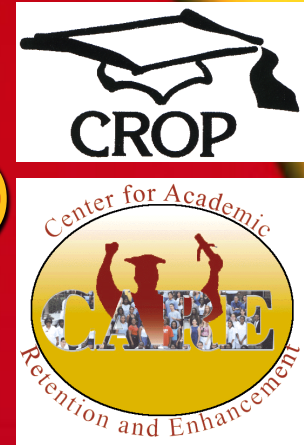
- • College Board Partnership
- • Stanley Tate Project Stars Program
- • President's "Focus on Achievement" Mentoring Partnership
- • Increased funding for CROP

- **Collegiate**

- • 1st Generation Matching Grants
- • Need Based Financial Aid

Pre-Collegiate Programs

1. College Reach-Out Program (CROP) (Administered by CARE)



- **Goal**

- An educational and motivational program for the targeted student population that prepares them for a successful college education.

- **Students Served**

- 151 Targeted Students
- 5 middle and high schools from Leon and surrounding counties

Pre-Collegiate Programs

(continued)



- **Key Activities**

- Summer Residential Programs for Students in the CROP Consortium
 - University Experience Program (2 weeks)
 - Middle School Program (3 days)
- Program Orientation for Guidance Counselors
- Weekly After School Tutorials and Workshops
- Hands-on Assistance with College/Financial Aid Applications
- College Tours, Field Trips, Essay Contests
- College Admissions Advising and Tracking
- Cultural Enrichment

Pre-Collegiate Programs

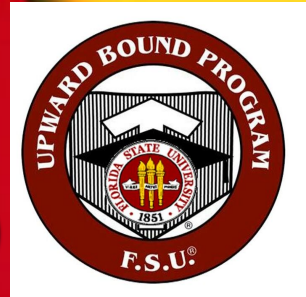
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- Saturday Academies
- College Mentors (FSU CARE Students)
- Individual Academic Plans
- **Post-Secondary Enrollment**
 - 2004-05: 69% (FSU, FAMU, TCC, USF, Art Institute of Tampa)
 - 2003-04: 48% (FSU, FAMU, TCC)

Pre-Collegiate Programs

(continued)



2. Upward Bound (Administered by CARE)

- **Goal**

- Prepares participants to navigate their way through high school, succeed academically and attain social, emotional, and cultural growth and maturity.

- **Students Served**

- 85 Targeted 9th-11th graders at East Gadsden High School

Pre-Collegiate Programs

(continued)



- **Key Activities**

- Six-Week Summer Residential Program
- Academic Year Program that Includes—
 - Individual Educational Plans
 - Career Work Study Program
 - Financial Aid Workshops
 - College Preparation Workshops —
 - "It's All About Academics"
 - "Choosing a College"
 - "Basic Guide to Searching and Applying for Scholarships"
 - College Tours
 - Cultural Enrichment

Pre-Collegiate Programs

(continued)



- **Post-Secondary Enrollment**
 - FSU Upward Bound graduates enrolling in postsecondary education
 - 2004-05 93% 2- or 4-year post-secondary institution
 - 2003-04 82% 2- or 4-year post-secondary institution
- (Bethune-Cookman, FAMU, FSU, Palm Beach CC, TCC)

Pre-Collegiate Programs

(continued)

3. SSTRIDE (Science Students Together Reaching Instructional Diversity and Excellence)

- **Goal**

- To improve the delivery of health care services to Florida's under-represented populations, particularly members of minority groups and those living in rural areas of the state.

- **Students Served**

- Since 1994 more than 350 pre-college students from grades 7-12 have participated.

Pre-Collegiate Programs

(continued)

- **Key Activities**
 - In-school Elective Science Course for Middle School Students
 - FCAT Preparation
 - Enrichment and Hands-On Activities
 - Summer Program (RIPE—Rural Introduction to Pre-Medical Education)
 - Educational Field Trips/Career Shadowing
 - SAT Preparation
 - Individualized Tutoring and Assessment
 - Organized Subject Review Sessions
 - Computer/Internet Access

Pre-Collegiate Programs

(continued)

- Parent support meetings
- Advisory committee meetings
- Mentoring by FSU and FAMU students
- **Post-Secondary Enrollment**
 - 97% of high school seniors are accepted to college
 - 80% receive Bright Future Scholarships
 - 67% choose majors in science, math, or health related areas

Collegiate Programs



1. CARE (Center for Academic Retention and Enhancement)

- **Goal**

- An alternative admission program for first-generation college students, and students disadvantaged by economic, cultural or educational circumstances.

- **Students Served**

- Since 2000 CARE has served 1,480 students.

Collegiate Programs

(continued)



7-Week Summer Bridge Program (SBP) —
approx. 300 students/year

- Help ease the students' adjustment to college life and build a foundation for academic success.
- **Key Program Components**
 - Week-Long Orientation and Introduction to Campus
 - Student CARE Counselors Assigned to Small Groups of Students
 - Enrollment in 7 hours of course work
 - Financial Assistance
 - Academic Support Services
 - Campus Survival Skills
 - Intensive Academic Advising and Individual Educational Plans
 - Social/Cultural Orientation
 - Advocacy

Collegiate Programs

(continued)



Ongoing CARE Support Network

- **Goal**
 - Tracks, assists, and mentors SBP students until they graduate from FSU.
- **Services include**
 - Academic Advising & Career Counseling
 - Enrollment in Select Courses
 - Campus Survival Skills
 - Cultural Enrichment Activities
 - Tutorial Lab/Computer Access

Collegiate Programs

(continued)



- Students Supporting Students Mentoring Program
- Culturally-Based Honor Societies
- Student Advocacy
- Summer Employment Opportunities
- Ongoing Programs in Financial Management, Stress Management, Conflict Resolution
- Test Taking Strategies
- Disability Testing
- Referral Services
- Book Clubs
- Community Service Opportunities

Collegiate Programs

(continued)



- Affiliation with Minority-focused Registered Student Organizations

★ 160 students/year receive an “extra dose of CARE” through Student Support Services Program (SSSP—a TRIO program)

★ All entering CARE students are now part of FSU’s Academic Mapping System

- **Retention/Graduation**

- Retention Rates

• <u>(2000)</u>	<u>Year 2</u>	<u>Year 3</u>	<u>Year 4</u>
• CARE	92.5%	78.5%	75.3%
• FSU	85.4%	75.7%	72.0%

- Graduation Rates

• <u>(2000)</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
• CARE	40.8%	NA	NA
• FSU	43.7%	NA	NA

Collegiate Programs

(continued)

2. Law School Summer Undergraduate Program

- **Goals**

- To encourage students to pursue careers in the legal profession;
- To assist students in acquiring skills that will benefit undergraduate studies and future law school studies; and,
- To acquaint students from groups historically underrepresented in the legal profession with the study of law.

Collegiate Programs

(continued)

- **Students Served**

- Since 1992 program has served 486 students.
- Students enrolled at two- and four-year institutions, in all majors and from all backgrounds, are invited to apply.
- Students from groups historically underrepresented in the legal profession particularly welcomed.

- **Key Program Components**

- Visits to the Florida Supreme Court
- Financing Law School Workshops
- Resume & Cover Letter Workshops
- Individualized Career Planning
- Guest Lectures by Prominent Legal Professionals
- Moot Court Oral Arguments

Collegiate Programs

(continued)

- Diversity & Team Building Activities
- Personality Assessment Tests
- Off-Site Retreats
- Law Firm Visits
- Law School Admissions Information
- LSAT Exam & Preparation Seminars
- Activities with FSU Law Students
- **Law School Placement/Graduation**
 - 48% have applied to a Law School
 - 77% of applicants have enrolled in or graduated from Law School (FSU, Florida, Stetson, Miami, Nova, FAMU, Georgia, Georgia State, Emory, Harvard, Columbia, Duke, North Carolina, Tulane, Alabama, Howard, UC-Berkeley, Notre Dame and Boston College)

Collegiate Programs

(continued)

3. **SSTRIDE (Science Students Together Reaching Instructional Diversity and Excellence)**
 - **Goal**
 - To improve the delivery of health care services to Florida's underrepresented populations, particularly members of minority groups and those living in rural areas of the state.
 - **Students Served**
 - Over 100 students have served as mentors for the pre-college program.
 - Over 800 students have or are currently participating in a pre-health student organization and club that is sponsored by SSTRIDE.

Collegiate Programs

(continued)

- **Key Activities**

- Tutorial Learning Center
- Mentoring Program
- Study Skills & Time Management
- Pre-Medical Advising
- Interviewing Workshops
- MCAT Preparation
- Networking Opportunities
- Physician Partnership Program
- Medical Assisting Program

- **Graduation and Placement**

- 95% of undergraduate SSTRIDE students (mentors) have been accepted to medical and graduate programs
 - 73% enrolled in or completed medical school, residency, or practicing as physicians
 - 22% enrolled in or have completed graduate or health-related programs
- 5% have pursued post-baccalaureate programs in order to enhance their application to medical school

Lessons Learned: How Have We Improved These Programs and What is Fundamental to Their Success?

- Financial support is crucial to help keep students focused and minimize debt
- Offer services to students throughout their time at FSU
- Provide immediate and aggressive academic follow-up for students in trouble
- Insist on regular advising and tutorial contacts and advocate for students who meet program obligations
- Provide small classes for students in their first semesters
- Ensure academic (as well as geographic) diversity of the Summer Bridge Program

Conclusions

- First-generation and minority students need encouragement and help to get to college *AND* ongoing support once they get here.
- Integrating pre-collegiate and collegiate programs under one umbrella ensures efficiency and actually multiplies their effectiveness.

References

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- <http://med.fsu.edu/StudentAffairs/SSTRIDE/default.asp>